

MARCH 2022

Breakfast

Student Name (First AND Last)

Grade:



PAY FOR MEALS ONLINE
MySchoolBucks.com

Monday

Tuesday

Wednesday

Thursday

Friday

**Menus Due:
WEDNESDAY,
Feb 16th**

Cinnamon Filled Bagel **1**
½ c Fruit Juice
½ c Applesauce
Milk

Banana Muffin **2**
1oz-eq String Cheese
½ c Fruit Juice
½ c Fresh Orange
Milk

Chocolate Crescent **3**
½ c Fruit Juice
½ c Fresh Apple
Milk

Honey Nut Cheerios **4**
½ c Fruit Juice
¼ c Raisins
Milk

Nutri-Grain Bar **7**
1 oz-eq Yogurt
½ c Fruit Juice
½ c Mixed Fruit Cup
Milk

Strawberry Filled Bagel **8**
½ c Fruit Juice
½ c Applesauce
Milk

Double Chocolate Muffin **9**
1oz-eq String Cheese
½ c Fruit Juice
½ c Fresh Orange
Milk

Apple Frudel **10**
½ c Fruit Juice
½ c Fresh Apple
Milk

**No School
In-Service Day** **11**

**No School
Spring Break** **14**

**No School
Spring Break** **15**

**No School
Spring Break** **16**

**No School
Spring Break** **17**

**No School
Spring Break** **18**

Granola Bar **21**
1 oz-eq Yogurt
½ c Fruit Juice
½ c Mixed Fruit Cup
Milk

Cinnamon Filled Bagel **22**
½ c Fruit Juice
½ c Applesauce
Milk

Blueberry Muffin **23**
1oz-eq String Cheese
½ c Fruit Juice
½ c Fresh Orange
Milk

Chocolate Crescent **24**
½ c Fruit Juice
½ c Fresh Apple
Milk

Whole Grain Cheerios **25**
½ c Fruit Juice
¼ c Raisins
Milk

Nutri-Grain Bar **28**
1 oz-eq Yogurt
½ c Fruit Juice
½ c Mixed Fruit Cup
Milk

Strawberry Filled Bagel **29**
½ c Fruit Juice
½ c Applesauce
Milk

Chocolate Chip Muffin **30**
1oz-eq String Cheese
½ c Fruit Juice
½ c Fresh Orange
Milk

Apple Frudel **31**
½ c Fruit Juice
½ c Fresh Apple
Milk



All meals FREE for ALL GVA students for the 2021-2022 school year!

Email: jonathan.hejnal@gva.school, alexandra.holowatyj@gva.school Phone: (216) 767-5956
Check the GVA website for additional information. This institution is an equal opportunity provider.

Menus Subject to Change
A variety of milk is offered at each meal:
1% White or Fat-Free Chocolate