

# MARCH 2022

# LUNCH

Student Name (First AND Last)

Grade:

MY SCHOOL BUCKS

PAY FOR MEALS ONLINE  
MySchoolBucks.com

Monday

Tuesday

Wednesday

Thursday

Friday

**Menus Due:  
WEDNESDAY,  
Feb 16<sup>th</sup>**

**Cheeseburger on WGR Bun 1**  
¼ c Baked Beans  
½ c Waffle Cut French Fries  
½ c 100% Fruit Juice  
Ketchup Pkt  
Milk

**Beet Soup (Borshcht) 2**  
½ c Green Beans  
½ c Fresh Apple  
1oz-eq String Cheese Stick  
1 oz-eq Dinner Roll  
2 T Sour Cream Pkt  
Milk

**Chicken Alfredo 3**  
1oz-eq Pasta  
¾ c Steamed Broccoli  
½ c Peach Slices  
½ oz-eq Choc. Chip Cookie (WGR)  
Milk

**Mexican Pizza 4**  
¼ c Hummus  
½ c Baby Carrots  
½ c Fresh Orange  
Milk

**Hot Dog on WGR Bun 7**  
¼ c Green Beans  
½ c Baked Beans  
½ c 100% Fruit Juice  
Ketchup Pkt  
Milk

**Grilled Cheese Sandwich 8**  
½ c Tomato Soup  
½ c Peas  
½ c Fresh Pear  
Milk

**Waffles & Turkey Sausage 9**  
¼ c Cherry Tomatoes  
½ c Vegetable Juice  
½ c Fresh Orange  
Syrup Pkt  
Milk

**Cheese Breadsticks (2) 10**  
¼ c Marinara Sauce  
½ c Garlic Broccoli  
½ c Fresh Apple  
Milk

**No School  
In-Service Day 11**

**No School  
Spring Break 14**

**No School  
Spring Break 15**

**No School  
Spring Break 16**

**No School  
Spring Break 17**

**No School  
Spring Break 18**

**Hamburger on WGR Bun 21**  
¼ c Baked Beans  
½ c Potato Wedges  
½ c Mixed Fruit Cup  
Ketchup Pkt  
Milk

**Teriyaki Chicken 22**  
1oz-eq Brown Rice  
¾ c Garlic Broccoli  
½ c Peach Slices  
½ oz-eq Choc. Chip Cookie (WGR)  
Milk

**Potato, Cheese Perogies (3) 23**  
1oz-eq Kielbasa Sausage  
¼ c Green Beans  
½ c 100% Fruit Juice  
2 T Sour Cream Pkt  
Milk

**Spaghetti and Meatballs 24**  
½ c Roasted Cauliflower  
½ c Fresh Pear  
Milk

**Chicken Nuggets (5) 25**  
¼ c Hummus  
½ c Baby Carrots  
½ c Fresh Apple  
Ketchup Pkt  
Milk

**Quirky Quesadillas 28**  
¼ c Salsa  
½ c Black Bean Salad  
½ c Fresh Orange  
2 T Sour Cream Pkt  
Milk

**Mini Meatballs 29**  
¼ c Marinara Sauce  
½ c Green Beans  
½ c Mixed Fruit Cup  
1 oz-eq Dinner Roll  
Milk

**BBQ Chicken Sandwich 30**  
¼ c Corn  
½ c Mashed Potatoes  
½ c Fresh Apple  
Milk

**Turkey & Cheese Deli Sandwich 31**  
(w/Lettuce & Tomato)  
½ c Raw Broccoli Florets  
½ c Fresh Pear  
Ranch Dip Cup  
Milk

**Cheese Pizza (Domino's Smart Slice!) Apr 1**  
¼ c Cucumber Slices  
½ c Baby Carrots  
½ c 100% Fruit Juice  
Ranch Dressing Pkt  
Milk

**All meals FREE for ALL GVA students for the 2021-2022 school year!**

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Check the GVA website for additional information. This institution is an equal opportunity provider.

**\*Menus Subject to Change\***  
**A variety of milk is offered at each meal:**  
**1% White or Fat-Free Chocolate**