

# FEBRUARY 2022

# Breakfast

Student Name *(First AND Last)*

Grade:

MY SCHOOL BUCKS PAY FOR MEALS ONLINE  
MySchoolBucks.com

Monday

Tuesday

Wednesday

Thursday

Friday

**Cinnamon Filled Bagel** 1  
½ c Fruit Juice  
½ c Applesauce  
Milk

**Banana Muffin** 2  
1oz-eq String Cheese  
½ c Fruit Juice  
½ c Fresh Orange  
Milk

**Chocolate Crescent** 3  
½ c Fruit Juice  
½ c Fresh Apple  
Milk

**No School  
In-Service Day** 4

**Nutri-Grain Bar** 7  
1 oz-eq Yogurt  
½ c Fruit Juice  
½ c Mixed Fruit Cup  
Milk

**Strawberry Filled Bagel** 8  
½ c Fruit Juice  
½ c Applesauce  
Milk

**Double Chocolate Muffin** 9  
1oz-eq String Cheese  
½ c Fruit Juice  
½ c Fresh Orange  
Milk

**Apple Frudel** 10  
½ c Fruit Juice  
½ c Fresh Apple  
Milk

**Chocolate Grahams** 11  
½ c Fruit Juice  
¼ c Raisins  
Milk

**Granola Bar** 14  
1 oz-eq Yogurt  
½ c Fruit Juice  
½ c Mixed Fruit Cup  
Milk

**Cinnamon Filled Bagel** 15  
½ c Fruit Juice  
½ c Applesauce  
Milk

**Blueberry Muffin** 16  
1oz-eq String Cheese  
½ c Fruit Juice  
½ c Fresh Orange  
Milk

**Chocolate Crescent** 17  
½ c Fruit Juice  
½ c Fresh Apple  
Milk

**Whole Grain Cheerios** 18  
½ c Fruit Juice  
¼ c Raisins  
Milk

**No School  
Presidents' Day** 21

**Strawberry Filled Bagel** 22  
½ c Fruit Juice  
½ c Applesauce  
Milk

**Chocolate Chip Muffin** 23  
1oz-eq String Cheese  
½ c Fruit Juice  
½ c Fresh Orange  
Milk

**Apple Frudel** 24  
½ c Fruit Juice  
½ c Fresh Apple  
Milk

**Cinnamon Grahams** 25  
½ c Fruit Juice  
¼ c Raisins  
Milk

**Granola Bar** 28  
1 oz-eq Yogurt  
½ c Fruit Juice  
½ c Mixed Fruit Cup  
Milk

**Menus Due:  
WEDNESDAY, Jan 19<sup>th</sup>**

All meals FREE for ALL GVA students for the 2021-2022 school year!

Email: [jonathan.hejnal@gva.school](mailto:jonathan.hejnal@gva.school), [alexandra.holowatyj@gva.school](mailto:alexandra.holowatyj@gva.school) Phone: (216) 767-5956

Check the GVA website for additional information. This institution is an equal opportunity provider.

\*Menus Subject to Change\*

A variety of milk is offered at each meal:  
1% White or Fat-Free Chocolate