

Student Name (First AND Last):

Grade:



PAY FOR MEALS ONLINE
MySchoolBucks.com

Monday	Tuesday	Wednesday	Thursday	Friday
Granola Bar 30 1 oz-eq Yogurt ½ c Fruit Juice ½ c Mixed Fruit Cup Milk	Cinnamon Filled Bagel 31 ½ c Fruit Juice ½ c Applesauce Milk	Banana Muffin 1 1oz-eq String Cheese ½ c Fruit Juice ½ c Fresh Orange Milk	Chocolate Crescent 2 ½ c Fruit Juice ½ c Fresh Apple Milk	Honey Nut Cheerios 3 ½ c Fruit Juice ¼ c Raisins Milk
No School Labor Day 6	Strawberry Filled Bagel 7 ½ c Fruit Juice ½ c Applesauce Milk	Double Chocolate Muffin 8 1oz-eq String Cheese ½ c Fruit Juice ½ c Fresh Orange Milk	Apple Frudel 9 ½ c Fruit Juice ½ c Fresh Apple Milk	Chocolate Grahams 10 ½ c Fruit Juice ¼ c Raisins Milk
Granola Bar 13 1 oz-eq Yogurt ½ c Fruit Juice ½ c Mixed Fruit Cup Milk	Cinnamon Filled Bagel 14 ½ c Fruit Juice ½ c Applesauce Milk	Blueberry Muffin 15 1oz-eq String Cheese ½ c Fruit Juice ½ c Fresh Orange Milk	Chocolate Crescent 16 ½ c Fruit Juice ½ c Fresh Apple Milk	Whole Grain Cheerios 17 ½ c Fruit Juice ¼ c Raisins Milk
Nutri-Grain Bar 20 1 oz-eq Yogurt ½ c Fruit Juice ½ c Mixed Fruit Cup Milk	Strawberry Filled Bagel 21 ½ c Fruit Juice ½ c Applesauce Milk	Chocolate Chip Muffin 22 1oz-eq String Cheese ½ c Fruit Juice ½ c Fresh Orange Milk	Apple Frudel 23 ½ c Fruit Juice ½ c Fresh Apple Milk	Cinnamon Grahams 24 ½ c Fruit Juice ¼ c Raisins Milk
Granola Bar 27 1 oz-eq Yogurt ½ c Fruit Juice ½ c Mixed Fruit Cup Milk	Cinnamon Filled Bagel 28 ½ c Fruit Juice ½ c Applesauce Milk	Banana Muffin 29 1oz-eq String Cheese ½ c Fruit Juice ½ c Fresh Orange Milk	Chocolate Crescent 30 ½ c Fruit Juice ½ c Fresh Apple Milk	Honey Nut Cheerios Oct 1 ½ c Fruit Juice ¼ c Raisins Milk

All meals FREE for ALL GVA students for the 2021-2022 school year!

Email: jonathan.hejnal@gva.school, alexandra.holowatyj@gva.school Phone: (216) 767-5956
 Check the GVA website for additional information. This institution is an equal opportunity provider.

Menus Subject to Change
A variety of milk is offered at each meal:
1% White or Fat-Free Chocolate