

Student Name *(First AND Last)*

Grade:



PAY FOR MEALS ONLINE
 MySchoolBucks.com

Monday



Quirky Quesadillas **7**
 ¼ c Salsa
 ½ c Black Bean Salad
 ½ c Fresh Orange
 2 T Sour Cream Pkt
 Milk

Chicken Stew **14**
 ½ c Garlic Broccoli
 ½ c Sliced Peaches
 Milk

No School
Presidents' Day

Breaded Chicken Drumstick **28**
 ¼ c Peas
 ½ c Mashed Potatoes
 ½ c Mixed Fruit Cup
 1oz-eq Garlic Bread Roll
 Milk

Tuesday

Potato, Cheese Perogies (3) **1**
 1oz-eq Kielbasa Sausage
 ¼ c Green Beans
 ½ c 100% Fruit Juice
 2 T Sour Cream Pkt
 Milk

Mini Meatballs **8**
 ¼ c Marinara Sauce
 ½ c Green Beans
 ½ c Mixed Fruit Cup
 1 oz-eq Dinner Roll
 Milk

Chicken Patty on WGR Bun **15**
 ¼ c Baked Beans
 ½ c Sweet Potato Fries
 ½ c Fresh Pear
 Ketchup Pkt
 Milk

Mini Turkey Corn Dogs **22**
 ¼ c Garlic Broccoli
 ½ c Waffle Cut French Fries
 ½ c Mixed Fruit Cup
 Ketchup Pkt
 Milk

Wednesday

Spaghetti and Meatballs **2**
 ½ c Garlic Broccoli
 ½ c Fresh Pear
 Milk

BBQ Chicken Sandwich **9**
 ¼ c Corn
 ½ c Mashed Potatoes
 ½ c Fresh Apple
 Milk

Beef Cutlet **16**
 ¼ c Corn
 ½ c Mashed Potatoes
 ½ c Fresh Apple
 1 oz-eq Dinner Roll
 Milk

Sloppy Joe on WGR Bun **23**
 ¼ c Peas
 ½ c Roasted Cauliflower
 ½ c 100% Fruit Juice
 Ketchup Pkt
 Milk

Thursday

Chicken Nuggets (5) **3**
 ¼ c Peas
 ½ c Baby Carrots
 ½ c Fresh Orange
 Ketchup Pkt
 Milk

Turkey & Cheese Deli Sandwich **10**
 (w/Lettuce & Tomato)
 ½ c Raw Broccoli Florets
 ½ c Fresh Pear
 Ranch Dip Cup
 Milk

Mac & Cheese **17**
 ¼ c Cherry Tomatoes
 ½ c Green Beans
 ½ c Fresh Orange
 Milk

Chicken Parmesan **24**
 1oz-eq Spaghetti
 ½ c Green Beans
 ½ c Sliced Peaches
 ½ oz-eq Choc. Chip Cookie (WGR)
 Milk

Friday

No School
In-Service Day

Cheese Pizza (Domino's Smart Slice!) **11**
 ¼ c Cucumber Slices
 ½ c Baby Carrots
 ½ c 100% Fruit Juice
 Ranch Dressing Pkt
 Milk

Fish Sticks **18**
 ¼ c Baked Beans
 ½ c Peas
 ½ c 100% Fruit Juice
 Ketchup Pkt
 Milk

Chicken Noodle Soup **25**
 ½ c Baby Carrots
 ½ c Fresh Apple
 1 oz-eq Garlic Bread Roll
 Milk

Menus Due:
WEDNESDAY, Jan 19th

All meals FREE for ALL GVA students for the 2021-2022 school year!

Email: jonathan.hejnal@gva.school, alexandra.holowatyj@gva.school Phone: (216) 767-5956
 Check the GVA website for additional information. This institution is an equal opportunity provider.

Menus Subject to Change
 A variety of milk is offered at each meal:
 1% White or Fat-Free Chocolate

