

DECEMBER 2021

Breakfast

Student Name *(First AND Last)*



Grade:



PAY FOR MEALS ONLINE
MySchoolBucks.com

Monday

Tuesday

Wednesday

Thursday

Friday



Double Chocolate Muffin **1**
1oz-eq String Cheese
½ c Fruit Juice
½ c Fresh Orange
Milk

Apple Frudel **2**
½ c Fruit Juice
½ c Fresh Apple
Milk

Chocolate Elf Grahams **3**
½ c Fruit Juice
¼ c Raisins
Milk

Granola Bar **6**
1 oz-eq Yogurt
½ c Fruit Juice
½ c Mixed Fruit Cup
Milk

Cinnamon Filled Bagel **7**
½ c Fruit Juice
½ c Applesauce
Milk

Blueberry Muffin **8**
1oz-eq String Cheese
½ c Fruit Juice
½ c Fresh Orange
Milk

Chocolate Crescent **9**
½ c Fruit Juice
½ c Fresh Apple
Milk

Whole Grain Cheerios **10**
½ c Fruit Juice
¼ c Raisins
Milk

Nutri-Grain Bar **13**
1 oz-eq Yogurt
½ c Fruit Juice
½ c Mixed Fruit Cup
Milk

Strawberry Filled Bagel **14**
½ c Fruit Juice
½ c Applesauce
Milk

Chocolate Chip Muffin **15**
1oz-eq String Cheese
½ c Fruit Juice
½ c Fresh Orange
Milk

Apple Frudel **16**
½ c Fruit Juice
½ c Fresh Apple
Milk

**No School
In-Service Day** **17**

No School **20**
Winter Break

No School **21**
Winter Break

No School **22**
Winter Break

No School **23**
Winter Break

No School **24**
Winter Break

Menus Due:

WEDNESDAY, Nov 17th

No School
Winter Break

No School
Winter Break

No School
Winter Break

No School
Winter Break

No School
Winter Break

All meals FREE for ALL GVA students for the 2021-2022 school year!

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Check the GVA website for additional information. This institution is an equal opportunity provider.

Menus Subject to Change
A variety of milk is offered at each meal:
1% White or Fat-Free Chocolate