

NOVEMBER 2021

LUNCH

Student Name *(First AND Last)*

Grade:



PAY FOR MEALS ONLINE
MySchoolBucks.com

Monday

Quirky Quesadillas 1

¼ c Salsa
½ c Black Bean Salad
½ c Fresh Orange
2 T Sour Cream Pkt
Milk

Chicken Patty on WGR Bun 8

¼ c Baked Beans
½ c Sweet Potato Fries
½ c Sliced Peaches
Ketchup Pkt
Milk

Breaded Chicken Drumstick 15

¼ c Peas
½ c Mashed Potatoes
½ c Fresh Pear
1oz-eq Garlic Bread Roll
Milk

Chicken Parmesan 22

1oz-eq Spaghetti
½ c Green Beans
½ c Sliced Peaches
½ oz-eq Choc. Chip Cookie (WGR)
Milk

Hot Dog on WGR Bun 29

¼ c Green Beans
½ c Homemade Baked Beans
½ c 100% Fruit Juice
Ketchup Pkt
Milk

Tuesday

Mini Meatballs 2

¼ c Marinara Sauce
½ c Green Beans
1 oz-eq Dinner Roll
½ c Mixed Fruit Cup
Milk

Beef Cutlet 9

¼ c Corn
½ c Mashed Potatoes
½ c Fresh Apple
1 oz-eq Dinner Roll
Milk

Chicken Noodle Soup 16

½ c Baby Carrots
½ c Fresh Apple
1 oz-eq Garlic Bread Roll
Milk

Cheeseburger on WGR Bun 23

¼ c Homemade Baked Beans
½ c Waffle Cut French Fries
½ c 100% Fruit Juice
Ketchup Pkt
Milk

Grilled Cheese Sandwich 30

½ c Tomato Soup
½ c Peas
½ c Fresh Pear
Milk

Wednesday

BBQ Chicken Sandwich 3

¼ c Corn
½ c Mashed Potatoes
½ c Fresh Apple
Milk

Chicken Stew 10

¼ c Garlic Broccoli
½ c Fresh Pear
Milk

Taco Salad 17

1 oz-eq Tortilla Chips
½ c Black Bean Salad
½ c Fresh Orange
2 T Sour Cream Pkt
Milk

No School
Thanksgiving Break

Menus Due:
WEDNESDAY, Oct 20th



Thursday

Turkey & Cheese Deli Sandwich 4

(w/Lettuce & Tomato)
½ c Raw Broccoli Florets
½ c Fresh Pear
Ranch Dip Cup
Milk

Mac & Cheese 11

¼ c Cherry Tomatoes
½ c Green Beans
½ c Fresh Orange
Milk

Sloppy Joe on WGR Bun 18

¼ c Green Beans
½ c Roasted Cauliflower
½ c 100% Fruit Juice
Ketchup Pkt
Milk

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Friday

Cheese Pizza (Domino's Smart Slice!) 5

¼ c Cucumber Slices
½ c Baby Carrots
½ c 100% Fruit Juice
Ranch Dressing Pkt
Milk

Fish Sticks 12

¼ c Baked Beans
½ c Garlic Broccoli
½ c 100% Fruit Juice
Ketchup Pkt
Milk

Mini Turkey Corn Dogs 19

¼ c Garlic Broccoli
½ c Waffle Cut French Fries
½ c Mixed Fruit Cup
Ketchup Pkt
Milk

No School
Thanksgiving Break

All meals FREE for ALL GVA students for the 2021-2022 school year!

Email: jonathan.hejnal@gva.school, alexandra.holowatyj@gva.school Phone: (216) 767-5956
Check the GVA website for additional information. This institution is an equal opportunity provider.

Menus Subject to Change
A variety of milk is offered at each meal:
1% White or Fat-Free Chocolate